

BROWNELL LANDRUM

Cosmic Wishes

BONUS



STAKES MATRIX

Stakes are what happens if you get – or don't get – what you want. First, start with a simple example: You wish to write a book. Using the matrix below, consider: what happens if you get what you want, or don't get what you want. As you fill each box, notice not only what you gain, but what you'd be giving up or might regret later if you *don't* pursue this wish. And make sure to include both **INTRINSIC** and **EXTRINSIC** aspects of this wish.

	Want	Don't Want
Get	You get what you want	You get what you don't want
Don't Get	You don't get what you want	You don't get what you don't want

STAKES MATRIX

Now, apply this matrix to YOUR wish:

Want

Don't Want

Get

You get what you want

You get what you don't want

Don't Get

You don't get what you want

You don't get what you don't want